



Mingzhen Su

Date of birth: 27/07/1996 | **Place of birth:** Weihai, China | **Nationality:** Chinese | **Phone:** (+86) 18463140727 (Mobile) | **Email:** sumingzhen123@gmail.com

WORK EXPERIENCE

SHEFFÉ FUNCTIONAL COFFEE CO., LTD.

NUTRITIONIST – 12/2024 – 02/2025

- Designed personalized diet and training programs for high-value clients, focusing on subhealth and chronic conditions (e.g., hypertension, Hashimoto's thyroiditis, PCOS) using functional nutrition approaches
- Led a team of nutritionists and contributed to a high customer repurchase rate
- Promoted functional and personalized nutrition strategies in client education and brand development

SHANGHAI JIABANG MEDIA CO., LTD. (JIAWUBANG FITNESS) – SHANGHAI, CHINA

SPORTS NUTRITIONIST – 04/2024 – 09/2024

- Created tailored nutrition and training plans for domestic and international clients
- Provided expert support on diet and exercise, increasing client satisfaction and achieving over 40% repurchase rate
- Delivered professional nutrition education to clients

INHA UNIVERSITY – INCHEON, SOUTH KOREA (REPUBLIC OF KOREA)

TEACHING ASSISTANT – 2022 – 2023

- Assisted professors in food science laboratory classes, including Western cuisine preparation and research assistance

VISIONIN CO., LTD. – SEOUL, SOUTH KOREA (REPUBLIC OF KOREA)

DATA PROCESSING (PART-TIME) – 2020 – 2021

- Worked on AI training data classification for marine floating debris recognition

EDUCATION AND TRAINING

Incheon, South Korea (Republic of Korea)

M.SC. IN FOOD AND NUTRITION Inha University

Website <https://eng.inha.ac.kr/eng/index.do> | **Level in EQF** EQF level 7

2019 – 2022 Incheon, South Korea (Republic of Korea)

B.SC. IN FOOD AND NUTRITION Inha University

Website <https://eng.inha.ac.kr/eng/index.do> | **Level in EQF** EQF level 6

2016 – 2018 Jinan, China

ASSOCIATE DEGREE IN REHABILITATION THERAPY TECHNOLOGY Shandong Yingcai University

Website <https://www.sdycu.edu.cn/> | **Level in EQF** EQF level 5

LANGUAGE SKILLS

Mother tongue(s): **CHINESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B1
KOREAN	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

● SKILLS

nutrition | understand spoken English | food science | understand written English | interact verbally in English | functional properties of foods | use microsoft office